



# Children's Bereavement Center

Healthful Healing Newsletter

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September 2014

## The Latest...

We are so excited to share there is a new Lift From Loss young adult group kicking off in Broward in a few days! Read about it [here](#).

CBC/VITAS program site in Miami Shores attended the Marlins game against the San Francisco Giants. Take a look at the photos [here](#).



The 2010 earthquake in Haiti changed my life forever. My mother, Nadine Doucet Sassine died and my life became a *before and after*. Continue reading CBC participant, Bianca's story [here](#).



Participants from the Miami Shores site were invited to former participant and current volunteer facilitator, Bianca Sassine's soft



## Upcoming CBC Events

Saturday, November 22, 2014



[Click for more information](#)

[Register Here](#)

Early Registration \$30

100 yard Kid's Fun Run \$15

Registration includes  
Admission to the zoo for the day  
Breakfast  
T-Shirt

opening of her art therapy studio, Paint It Out. [Here are the photos!](#)

### **How Could He?**

The unspeakable, horrific act of taking one's own life leaves behind a wake of shock, confusion, and profound sadness. For friends, family, and fans of Robin Williams—as is in the case of almost all suicides—we are left to ponder, "Why?" Read the article on understanding suicide by CBC CEO and Co-Founder, Mindy Cassel, PhD, [here](#).



In memory of Stacy Hart, Hart & Soul Fundraiser, hosted by a trio of Stacy Hart's friends raised \$10,000 for the CBC. Check out the event recap article and photos [here](#).



Awards/Prizes for overall & top winners  
Finisher medals for Fun Runners

Electronic RFID timing provided by Split Second Timing, Inc. utilizing the Chrono Track timing system.

**Sponsorship, volunteer, and community service opportunities available... join us with a team of your own!**



## **Loss hurts.**

### **Share your story.**

**Your story** may give others the courage to seek help and know they are not alone.

- Read recent participant story by Bianca Sassine [here](#).
- email stories to [jenny@childbereavement.org](mailto:jenny@childbereavement.org)

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